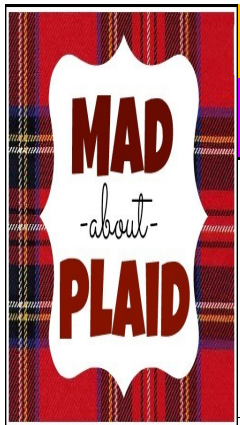



January 2019 THERAPEUTIC PROGRAMS—FLEETWOOD PLACE



PROGRAM CODING
 A-ambleside
 B-bayside
 C-creekside
 D-dawnside
 @B-bistro
 SR-sunroom
 R-rec room
 PT-physio
 \$-charges
 **note change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
	Visits With Luke & Ryan Every Monday 		2Fitness Zone 10:30 Catholic Church R 10:30 Circle Bowling C 11:00 PT Hands On B/C 2:00 Bingo Fun R \$25 Jack Pot	3Fitness Zone 10:00 Silver Sneakers 10:00 Holiday Clean Up 11:00 PT Activate A/D 2:00 New Year Party The Noteables Entertaining	4Fitness Zone Music Therapy A&D 10:00 Resident Visits 10:00 Holiday Clean Up 2:00 Singspiration C 3:30 PT Hands On A/D	5
6 2:30Pm—RR Church Service Hymn Sing	7Fitness Zone 10:00 DJ Excel 10:30 Clean Sweep Out 11:30 \$Make A Pizza Dine In Luncheon SR 2:00 PT Activate -B 2:00 Winter Curling R	8Fitness Zone Music Therapy B & C 10:30 In The Moment A&D 2:00 Salvation Army R 3:00 PT Fit C/D 3:30 Julia-Harpist 6:30 Super Quiz Night	9Fitness Zone 10:30 Catholic Church R 10:30 Cake Decorating 10:30 Sit & Dance 11:00 PT Hands On B/C 2:00 Birthday Party Bev West Performing	10Fitness Zone 9:30 Rec Meeting 10:30 Toss Games 11:00 Spa Cart 11:00 PT Activate A/D 2:00 Bingo R	11Fitness Zone Music Therapy A&D 10:00 Resident Visits 10:45 Kids & Fun R 2:00 Singspiration C 3:30 PT Hands On A/D	12
13 2:30Pm—RR Church Service Hymn Sing	14Fitness Zone 10:30 Big Board Games 12:00 Brunch Lunch 10:00 DJ Excel 2:00 PT Activate—C 2:30 Roving Games 2:30 Art Cart	15Fitness Zone Music Therapy B & C 10:30 In The Moment A&D 2:00 Knitting & Cards SR 3:00 PT Fit C/D 3:30 Julia—Harpist 6:30 \$Spaghetti Factory Dinner Outing	16Fitness Zone 10:30 Catholic Church R 10:30 Highland Crafts 11:00 PT Hands On B/C 2:00 Bingo Blitz R	17Fitness Zone Signature Manicures 10:00 Silver Sneakers 10:45 Grade 4 Visit R 11:00 PT Activate A/D 2:00 Mad Plaid Pub Retro Rewind Perform Wear Plaid Day	18Fitness Zone Music Therapy A&D 10:00 Resident Visits 10:45 Granfriends C 2:00 Memory Power C Trivia, Spell, Quiz 3:30 PT Hands On A/D	19
20 2:30Pm—RR Church Service Hymn Sing	21Fitness Zone 10:00 DJ Excel Music 10:30 \$Northview Golf Lunch Outing 10:30 Toss Games 11:00 PT Activate-B 2:00 Crosswords Rove 2:00 PT Activate—C	22Fitness Zone Music Therapy B & C 10:30 In The Moment A&D 2:00 Horse Races R 2:00 Treat Cart Roving 3:00 PT Fit C/D 3:30 Julia—Harpist 6:30 Retro Variety Shows R	23Fitness Zone 10:30 Catholic Church R 10:30 What's Cooking 11:00 PT Hands On B/C 12:00 \$Great Scotts Dine In Lunch SR 2:15 Big Screen Games	24Fitness Zone 10:00 Silver Sneakers 10:45 Music Café R Brian Z Singing 11:00 PT Activate A/D 2:00 Bingo R	25Fitness Zone Music Therapy A&D 10:00 Resident Visits 10:45 Kids & Fun R 2:00 Singspiration C 3:30 PT Hands On A/D	26
27 2:30Pm—RR Church Service Hymn Sing	28Fitness Zone 10:00 DJ Excel Music 10:30 \$Lunch Outing Guilford Station 10:30 Roving Games 11:00 PT Activate-B 2:00 PT Activate—C 2:00 Big Board Games	29Fitness Zone Music Therapy B & C 10:30 In The Moment A&D 2:00 Travel Scotland R Tea & Shortbread Served 3:00 PT Fit C/D 3:30 Julia—Harpist 6:30 Rock & Roll Legends	30Fitness Zone 10:30 Catholic Church R 10:30 Bocce Ball C 11:00 PT Hands On B/C 2:00 Tartan Tappers Scottish Dance Performance	31Fitness Zone 10:00 Silver Sneakers 10:30 Sit & Dance 10:30 Baking @Bistro 11:00 PT Activate A/D 2:00 Bingo Blitz R	 Bus Trips & Dine In Are By Signup Outings Will Be Weather Permitting	