

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
	1 200 Hymn Sing Ambleside	2 Pastoral Visits 1000 Fun n FiT 1030 Trivia 200 Curling A,C,& D 200 Leisure Games B Physio Fit/Walks	3 1000Group Fitness A,B,D 1015 Music Therapy C 1030 Brain Buzz A & D 1100 Music Therapy B 200 Big Bingo Game	4 Hair Salon 1000 Morning Stretch 1030 Brain Gym 1045 Catholic Mass SR 200 Birthday Party w/ Dave Dorozio	5 1000 Gentle Fit 1045 Kids & Fun 215 Room Visits Physio Fit & Walks	6 1000 Circle Fitness A&B 1015 Music Therapy D 1030 Leisure Games B 1100 Music Therapy A 200 Hymn Sing in C	7
	8 200 Hymn Sing Ambleside	9 Pastoral Visits 1000 Fun n FiT 1030 Word Game 200 Bowling A, C & D 200 Table games B Physio Fit/Walks	10 1000Group Fitness A,B,D 1015 Music Therapy C 1000 Leisure Games B 1100 Music Therapy B 1100 \$Lunch Outing at Hazelmere golf course 200 Boardgames C	11 Hair Salon 1000 Morning Stretch 1030 Brain Teasers 200Dad's Root Beer Float-Off w/Mike Kinal 230 Family Meeting 	12 1000 Gentle Fit 1030 PA Grade 4 Visit 200 Volleyball A & D 200 Leisure Games B & C Physio Fit & Walks	13 1000 Circle Fitness A&B 1015 Music Therapy D 1030 Father's day Arts and Crafts in B 1100 Word Game D 1100 Music Therapy A 200 Hymn Sing in C	14
	15 200 Hymn Sing Ambleside	16 Pastoral Visits 1000 Fun n FiT 1030 Word Game 200 Travel to Hawaii Physio Fit/Walks	Join Us For The HULA ON Fleetwood Place Is 21 Years Suede Dogs Performing at 12:30 pm Tropical Lunch Served	18 Hair Salon 1000 Morning Stretch 1030 Summer Trivia 200 TableGames B 200 Summer Games A,C & D	19 1000 Gentle Fit 1045 Kids & Fun 215 Room Visits Physio Fit &Walks	20 1000 Circle Fitness A&B 1015 Music Therapy D 1030 Summer Games B 1100 Word Game D 1100 Music Therapy A 200 Hymn Sing in C	21
	22 200 Hymn Sing Ambleside "Fathers Day"	23 Pastoral Visits 1000 Fun n FiT 1030 Word Game 200 OBIE B 200 Pickle Ball A ,C & D Physio Fit/Walks	24 1000Group Fitness A,B,D 1015 Music Therapy C 1030Brain Buzz A & D 1100 Music Therapy B 200Birthday Party w/ Kevin Johnson Physio Fit/Walks	25 Hair Salon 1000Morning Stretch 1030 Scattegories 1045 Punjabi Worship 200 Canadian Fun Facts 200 Canada Trivia	26 1000 Gentle Fit 1045 Kids & Fun 200 Patio Visits B 200 Ice Cream Social A, C, & D Physio Fit &Walks	27 1000 Circle Fitness A&B 1015 Music Therapy D 1030 Oh Canada Arts B 1100 Music Therapy A 1100 Word Game D 200 "Remembering Friends" Creekside	28
Hot Weather activities change on hot days hydration protocols take precedence	29 200 "Remembering Friends" Ambleside	30 Pastoral Visits 1000 Fun n FiT 1045Canada games 1045 Punjabi Worship 1230 Canada Day Lunch and Music " Pete Campbell" 				A– Ambleside (1st Floor) B-Bayside (2nd) C– Creekside (2nd) D-Dawnside (2nd) RR– Recreation Room SR-Sunroom	