

The word "June" is written in a large, orange, cursive font. To the left of the letter "J" is a pair of blue flip-flops with yellow straps and white polka dots.The word "ALOHA!" is written in a colorful, stylized font with pink, blue, and green letters. It is decorated with yellow and orange flowers and green leaves.The number "21" is written in a large, orange, stylized font. A yellow banner with the word "ANNIVERSARY" in black capital letters is draped across the middle of the "21".

Hello June

Cheers To 21 Years

Pastor Pete

Seniors Week/ Family Meeting

Birthdays/ June

Highlights

Canada Day

Beat The Heat

Resident Safety



Fleetwood Place News

Aloha Family and Friends!

We're ready to make a splash on **June 17** at our **HULA ON LUAU with Tropical Music & Lunch** as we celebrate our **21st Anniversary** in true island style! Get your flip-flops, floral shirts, and sun hats ready—we're bringing the beach vibes, island tunes, and good times. There'll be plenty of tropical drinks to sip, while **The Suede Dogs** set the mood with cool island grooves. Come ready to dance, laugh, and soak up the sun—it's going to be a luau to remember! Let's get tiki with it!

It is predicted to be a hot summer this year, please bring in fans for your loved ones room as well as lighter clothing and pyjamas. Please note that during extreme heat, activity programs may change as we focus on hydration protocols.

We're looking forward to getting outside this month to enjoy some sunshine, live music, and root beer floats! The bus will be taking us on an outing to the **Hazelmere Golf Course Restaurant.**

Dave D. and **Kevin J.** will be performing at our monthly **birthday celebration**, while **Mike Kinal** brings the energy to our **Dad's Root Beer Float-Off Pub** in honor of all the amazing fathers at Fleetwood. We'll wrap up the month with a **Canada Day celebration on June 30th**, joined by the day-care kids for a day filled with **fun games and an outdoor lunch and music by Pete Campbell.**

"It's a Luau-tastic Good Time This Month!" — Pia



Fleetwood Place Celebrates 21 Years

Since 2004 carrying out our core principles of the Family Way incorporating Eden, Gentle Approach and Person Centered Care, we honor & respect your loved one as you become part of our extended Family

JOIN US FOR THE HULA - ON LUAU

FLEETWOOD PLACE IS 21 YEARS

TUESDAY, JUNE 17 AT 1230PM

SUEDE DOGS PERFORMING

TROPICAL LUNCH SERVED

GUEST TICKETS \$12.00





Pastor Peter Kok

Happy Father's Day

I hope it's a great day for father's.

I got in a bit of trouble on Mother's Day because I mentioned to the residents that fathers were the ones who got up at night if their baby was crying.

Apparently that's not true, according to our Mothers. There was quite a commotion in our hymn sing from our mother's when I mentioned that !

What did you call your father ?

Poppa, Dad, Pappa, Pa come to mind, and how do you remember your father?

Did he teach you to ride your bike, drive a car, make supper, or how to catch a fish.

No doubt many memories and I hope good ones.

A resident recently told me that she was very appreciative of her father because he helped her a lot throughout her life.

What a blessing from above.

"Our Father who art in Heaven...
remember ?"



Did You Know?

Seniors' Week is a special time dedicated to celebrating the valuable contributions of older adults in our communities. In British Columbia, this annual event recognizes the wisdom, experience, and ongoing involvement of seniors in shaping our society.

In 2025, Seniors' Week will be observed from June 1 to June 7. It's an opportunity to honor the integral role seniors play in families, neighborhoods, and organizations throughout the province. Communities across B.C. will host events and activities that promote respect, inclusion, and appreciation for seniors.



Family Meeting

This will be a wonderful opportunity to meet our new members and engage with the team. If you have any questions or concerns, this will be the perfect time to share them with us.

We look forward to seeing you there

Wednesday, June 11 at 2:30 pm in the Sun Room



JUNE HIGHLIGHTS

June 5 Johan
 June 11 Ruth H
 June 14 Rajvir K
 June 14 Gary C.
 Jun 19 James D
 Jun 20 Luc T
 Jun 30 Iris B



Wednesday June 4th 2:00pm
Birthday Party in Ambleside
and with Dave D.

Wednesday June 11th
2:00pm
Dad's Root beer Float-off
with Mike Kinal

Tuesday June 17th 12:30pm
21st Anniversary Party
with Suede Dogs

Tuesday June 24th 2:00pm
Birthday Party in
Creekside with Kevin



Canada Day Event

Monday , June 30

Kids & Games 12:30 Pm

Canadian Burgers

Peter Campbell Entertains

Outside Weather Permitting

It's almost time to enjoy our courtyard garden, please be mindful of our garden space to share with others, do not take indoor furniture outside, dispose of any garbage in bins, bring your loved one a hat to wear and replenish with fluids as sun exposure can dehydrate you.

Avoid outside during severe heat events and stay cool inside.

Recreation holds entertainment, dine in lunches and fun days outdoors over the summer but we do monitor temperatures and may cancel outdoor activities including bus outings to keep residents safe and cool here at Fleetwood Place.



Punjabi Worship
June 25 & 30



Catholic Service

St. Matthews Church

1st Wednesday of Month

Sunroom

BEAT THE HEAT

DRESS LIGHT

Wear loose-fitting clothing



LEARN

Stay informed and learn how to prevent, recognize and treat heat-related illnesses



STAY COOL

Stay somewhere with air-conditioning



EAT LIGHT

Avoid hot foods and heavy meals



STAY SAFE

Never leave infants, pets or children in parked cars



USE SUNSCREEN

Use sunscreen with SPF 15+ when going outside



STAY HYDRATED

Stay hydrated but avoid alcohol and liquids with large amounts of sugar



COOL DOWN

Take a cool shower or bath



Oregon
Health
Authority

Hot Weather & Hydration Is Important

Hot Weather & Hydration Reminder

During extreme heat (26°C+ indoors), residents and staff need to stay well-hydrated. All departments are working together to offer extra fluids starting in the morning and throughout the day.

Why it matters:

- Seniors are at higher risk of dehydration due to lower thirst, medications, cognitive or swallowing issues, and other health factors.

Many prefer flavored drinks, so we offer diluted juice, iced tea, lemonade, tea, and coffee — all of which help hydrate.

Our approach:

- Fluids are served in small, frequent amounts.
- Recreation and physio staff support hydration during weekday mornings and afternoons.
 - Care staff encourage and monitor fluid intake at meals.

Programs will be adjusted in extreme heat to reduce exertion and focus on hydration.

How visitors can help:

- Bring a cool drink or ask staff for a beverage for your loved one.

Evening and weekend visits are great times to assist with hydration.

Let's all work together to keep everyone safe and hydrated!

Important: Resident Safety



**Fleetwood Place Is
A Non Smoking
Community
Smoking Is To Be
30 Feet Away From
The Building**

Dear Family & Visitors,

We have many residents that have vulnerabilities compromising their daily activities. Please assist us keeping residents safe in their home during your visits to Fleetwood Place.

- **Do not give food or drinks to residents;** please enjoy your treats with your loved one but do not offer to others, residents may have allergies or swallowing issues that need to be monitored by staff, it can be unsafe for a resident to manage a hot beverage causing injury to themselves or others. Always ask for staff assistance.
- **Front Entrance; Always Wait For Gate or Front Door To Close**

The gate or front door must be securely closed before you proceed in or out of the building. We have resident's with cognitive decline, memory loss and/or may be seeking to exit outside that could lead to potential harm. We must keep all our loved ones safe in their home. Additionally be aware of residents on the elevator and securely close stairwell doors behind you. Always ask staff for assistance if you are unsure of a potential resident following you from the home unit.

- **Pet Visitors;** we are very happy to have you visit with your pets though we ask that you be mindful of the following:
 - * Not all residents like pets and may become nervous or agitated
 - * Pets must be on a shorter 6 foot leash, **flexi-leashes** are unsafe in this setting as longer leashes can cause a resident, staff or another visitor to fall
 - * Pets are not permitted in the dining rooms during meal times
 - * Pets are not permitted on top of the tables at all times, bring your own dishes